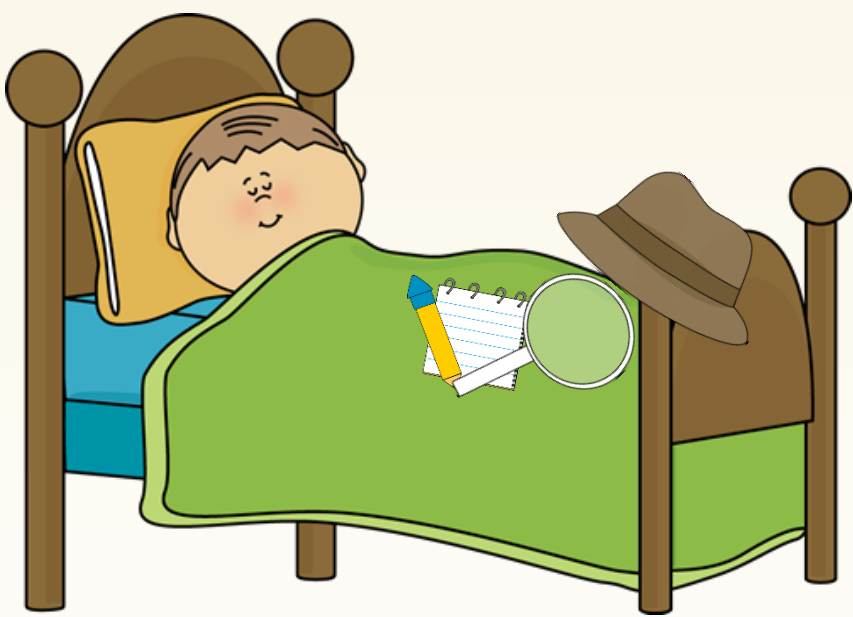


# Be A Test Taking Detective

## 10 Test Taking Tips



### 1. Get a Good Night's Sleep!



Those who regularly get enough sleep will have improved academic performance, a positive attitude towards their education, and be able to better interact socially with their peers and teachers.

### 2. Eat a Good Breakfast!

Eating breakfast improves your test-taking skills and helps you think better in a learning environment.



### 3. Show Up and be On Time!

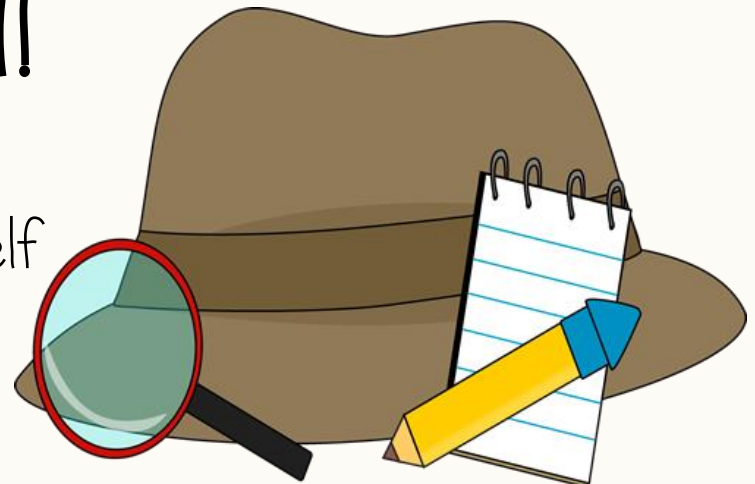
This will allow you time to relax and get ready for the test session.



### 4. Be Prepared!

Testing materials are usually provided, so prepare yourself mentally and physically.

You can do it!



### 5. Focus and don't get Distracted!



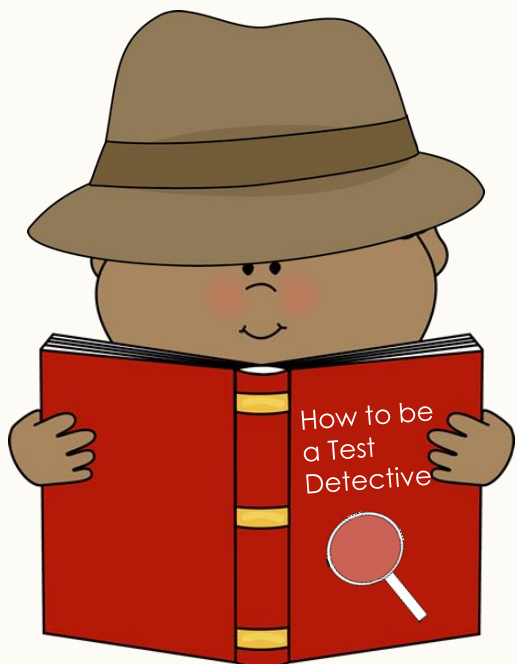
It's just you and the test. Take a deep breath and don't let those test intruders wrangle your brain!

### 6. SLOW DOWN!

It's not a race! If you get tired, stretch... breath! Don't be a "bubler" Always do your personal best!



### 7. Read Everything!



Read the directions. Know what you are looking for. Read the answers first, Then the passage. Create a "shopping list" in your brain. Define the problem. Look for hints and clues for the correct answer.

### 8. Listen!

Be an active listener. Hear what is being said. Make a picture in your mind. Increase your listening power!



### 9. Make BIG things small!



See the problem in smaller, more manageable parts. Break it down!

### 10. Check and Re-Check!

Silly mistakes can ruin a good score! Be sure that you have answered ALL of the questions and that you have done all you can do! Then...Celebrate your hard work!

